

THE WORLD OF INTERIORS

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The Body
Issue

Flow and Repeat!

Some colourful, high-energy patterned fabric could be the huge flex your pad needs right now, whether it's draped as curtains, covering cushions or even, as here, turned into a bespoke yoga mat. Just hold that thought – and breath – as Ruth Sleightholme pays salutation to om furnishings with their very own life force. Namaste. Photography: Ruby Pluhar



Above: model's top: ochre 'Brera Lino', £85, Designers Guild. Bolster: smeraldo 'Lebak', by Etro Home, £260, Turnell & Gigon; trimmed with ochre 'Brera Lino', as before. Block: smeraldo 'Merak', by Etro Home, £260, Turnell & Gigon. Opposite: blouse: duck egg/larch 'Kaleidoscope', by Sarah Campbell for Pukka Print, £212, Tissus d'Hélène. Shorts: smor 'Insjöns', £150, Beata Heuman. Pool noodle, from left: pink multi-stripe 'Cimarron', by Oakley Textile Archive, £170, Claremont; trimmed with snow 'La Terre Cut Fringe', £100, Samuel & Sons. 'Leopard Spot', by The Warner £314, Vanderhurd. Background: 'Pieni Unikko 074310', by Maija Isola, £44, Marimekko. Movement director: Elettra Giunta







Opposite: left-hand model: shorts: chestnut 'Floriane', by Alice Sergeant, £348, Tissus d'Hélène; trimmed with rose water 'Sophie Bullion Fringe', £146, Samuel & Sons. Top: lemon jam 'Unwind', by Kirkby Design, £67, Romo. Right-hand model: top: chestnut 'Floriane', as before. Trousers: bay 'Linen', £108, Beata Heuman; trimmed with lemon jam 'Unwind', as before. Striped yoga mat and block: flick 'Shake', by Bertjan Pot, £288, Maharam. Windowpane-check yoga mat and block: hallon 'Insjöns', £150, Beata Heuman. Background: spring 'Rosa', by Raoul Textiles, £523, Turnell & Gigon. Above, from left: top and shorts: khaki/red 'Polka', by Décors Barbares for Namay Samay, £340, Tissus d'Hélène. Shorts (right): daisy 'Misa Moiré Plain', £183.50, Marvic. Bandeau top: apple green/Ethel pink 'Suffolk Corn', by Beki Bright, £190, Line Up. Background: 'Paradiso', by Raoul Textiles, £520, Turnell & Gigon



T-shirt: fuchsia/blue 'Bosphorus Handblock', by Drusus Tabor, £156, Schumacher. Scrunchie: petunia 'Linara', £51, Romo. Top yoga mat: sulphur 'Cyril', by Raoul Textiles, £340, Turnell & Gigon. Bottom yoga mat: petunia 'Linara', as before. Background: 'California' by Josef Frank, £260 approx, Svenskt Tenn. Socks, tights and leggings throughout: Falke. Fabric and trimming prices throughout are per m and include VAT. For suppliers' details see Address Book ☺